

$3+7=10$

$4 \times 4 = 16$



SEPTEMBER

$3-3=5$



THIS MONTH IN
RATHINAM INTERNATIONAL PUBLIC SCHOOL



From the Editor's Desk

Dear Readers,

As the crisp air and vibrant colours of autumn set in, we welcome you to the September edition of our school magazine. September is a month of fresh beginnings, renewed energy, and boundless opportunities. It's the time when we transition from the relaxed pace of summer into the full swing of academic life. This edition captures that spirit with stories, achievements, and creative expressions from our talented students and staff.

In this issue, you will find insightful and inspiring articles, and a glimpse into the exciting events happening across our school. We also spotlight the creative arts, innovative projects, and student initiatives that continue to make our school a dynamic place of learning and growth.

As we move forward in this academic year, we encourage everyone to embrace curiosity, foster creativity, and support one another. Let this September be the month where you set new goals, push boundaries, and make lasting memories.

Thank you to everyone who contributed to this edition, from writers and artists to photographers and editors. Your dedication and passion continue to make our magazine a reflection of the vibrant life within our school.

Happy reading, and here's to a successful and fulfilling month ahead!

Warm Regards,
Editors team

Ms. Monica,
Ms. Narmada,
Ms. Melbin Chandrika,
Ms. Aishwarya,
Ms. Chinnu

National Nutrition Week

Sep 1

National Nutrition Week is observed from 1st September to 7th September to provide knowledge among people about the importance of nutrition and its importance for the human body, for better health.



FIBER: FIBER IS AN IMPORTANT NUTRIENT THAT HELPS DIGEST FOOD AND ABSORB NUTRIENTS.

IT'S RECOMMENDED TO EAT FIBER-RICH FOODS WHEN YOU'RE CONSTIPATED.



WHY ARE ADDED SUGARS BAD? ADDED SUGARS ARE EMPTY CALORIES – MEANING THAT THERE ARE NO NUTRIENTS IN IT. IT IS ALSO ONE OF THE MAJOR CONTRIBUTING FACTORS FOR HEART DISEASES AND DIABETES.



Omega-3 fatty acids are extremely important for the proper functioning of the human body. A low intake of omega-3 is associated with a lower IQ, depression, various mental disorders, heart disease and many other serious

World Coconut Day

Sep 2

World Coconut Day is observed on 2nd September every year to make people aware of the importance of this crop in poverty reduction. This day also commemorates the formation day of the Asian Pacific Coconut Community (APCC).

Did You

Know?



A COCONUT IS A STONE FRUIT, NOT A NUT.



TINY PORES ON THE COCONUT'S SHELL ALLOW RAINWATER AND DEW TO SEEP IN.



Coconuts can float for long distances across the ocean and then put down roots again when they are washed ashore.

Skyscraper Day

Sep 3

Skyscraper Day is observed on 3rd September. Skyscrapers are very tall buildings that define a city's skyline. The day marks the ability of a man to construct an industrial masterpiece.

Did You

Know?



AS OF 2024, THE BURJ KHALIFA IN DUBAI HOLDS THE TITLE AS THE TALLEST BUILDING IN THE WORLD. IT STANDS AT 828 METERS (2,717 FEET) WITH 163 FLOORS. IT WAS COMPLETED IN 2010.



THE JEDDAH TOWER IN SAUDI ARABIA, IF COMPLETED, IS EXPECTED TO SURPASS THE BURJ KHALIFA, AIMING FOR A HEIGHT OF 1,000 METERS (3,281 FEET).

Hello September

Sep 4

SOME FACTS ABOUT SEPTEMBER

BIRTHSTONES

Sapphire and lapis lazuli are the birthstones for September. The name “sapphire” comes from the Greek word sappheiros.

BIRTHDAYS

September is a popular month for birthdays, with September 9th being the most popular day of the year. Babies born in September are said to be more likely to excel in school and get into elite schools.

HARVEST MONTH

September is known as Harvest Month because it's a great time to harvest crops like onions, apples, raspberries, and tomatoes.

EQUINOX

September is the month of the equinox, when the length of day and night are nearly equal.

INTERNATIONAL LITERACY DAY

September 8th is International Literacy Day, which raises awareness about the importance of literacy.

ASTHMA

The third week of September is considered one of the worst weeks for people with asthma and allergies.

STRONGER BONES

Studies have shown that babies born in late summer and early fall are taller, stronger, and have thicker bones than those born in winter and spring.

ROMAN BELIEFS

The Romans believed that September was the month of the god of fire, and they expected fires and volcanic eruptions to occur during this time.

SPELLING

September is the only month of the year that's spelled with nine letters

- Anirutan (Grade 12)

WITH KINDNESS AS YOUR GUIDE

To My Son,
In the garden of life, where love should bloom,
Remember, dear child, to light up the room.
Treat women with kindness, with respect and with grace,
For each heart is a treasure, each soul a safe space.

Listen with patience, let your heart be a guide,
In laughter and sorrow, always stand by their side.
Words have great power; use them to heal,
For a gentle approach helps true feelings reveal.

Honor their dreams, lift them when they fall,
Stand strong as their ally, together you'll stand tall.
With empathy, compassion, and a hand that is true,
You'll build a foundation of love that will grow.

Remember, dear son, that each woman you meet,
Deserves all your kindness, your warmth, and your sweet.
In this dance of connection, be mindful and wise,
For in treating them well, you'll find your own rise.

So carry this wisdom wherever you roam,
And know that respect makes a heart feel like home.
With all of my love, as you journey and roam,
Treat women with honor, and you'll never be alone.

Love,
Mom

- Mrs.Melbin Chandrika, Primary Teachers



Gratitude to the teachers

Sep 5

Happy Teachers day

“A teacher takes a hand,
opens a mind, and touches a heart”

Teachers day
Teachers day
Teachers day
Teachers day

Heart and Circuit: The Teacher's Touch vs AI's Reach

In a classroom bright with morning sun,
The teacher stands, day's work begun.
With chalk in hand, wisdom to share,
Molding young minds with patient care.

Across the screen, AI is swift,
With data deep, a powerful gift.
Answers instant, knowledge vast,
But does it grasp the questions asked?

The teacher knows each child's face,
Their hopes, their fears, their learning pace.
With every struggle, a guiding word,
Not just facts, but hearts are stirred.

AI can teach, but can it see
The spark of joy, creativity?
Can it inspire, like human touch,
Or nurture souls when life's too much?

While AI learns, computes, and grows,
A teacher's love, it never knows.
For in the end, what makes us wise
Is more than data, it's human eyes.

So let them join, hand in hand,
Teacher and tech, across the land.
For in their union, side by side,
The future's bright, and learning wide.

-Nailesh Saravanan (Grade 12)



Did You Know?



The World's Oldest Teacher: The Guinness World Record for the oldest active teacher goes to Agnes Zhelesnik, who taught home economics in New Jersey, USA, until she was 102 years old.



The First Female Teacher in the world is often cited as Sappho, an ancient Greek poet who taught music and poetry to young women around 600 B.C.



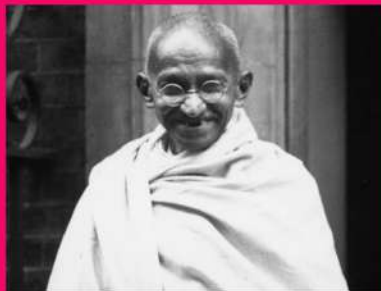
The Apple Tradition: The tradition of giving an apple to a teacher started in the 16th century in Denmark and Sweden, where apples were given as a form of payment for poor teachers who couldn't afford food.

Famous People Who Were Teachers: Many historical figures started out as teachers before becoming famous in other fields, such as:



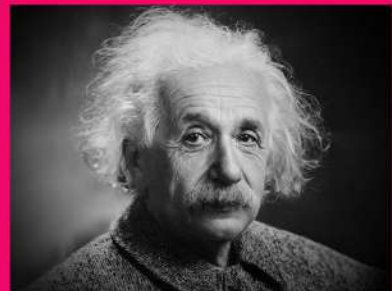
J.K. ROWLING

Taught English in Portugal before writing the Harry Potter series.



MAHATMA GANDHI

Was a law teacher and a spiritual leader.



ALBERT EINSTEIN

Was a professor at several universities.

Riddles

I help you learn, but I don't speak. I guide your way, week by week. You turn me, but I stand still. What am I?

I have no wings, but I can fly. I have no voice, but I can reply. I am a tool. What am I?

I open minds without keys. I unlock potential with no degrees. I am always at your side, yet you can't take me home. Who am I?

I can't be touched, but I can be held. I can't be seen, but I can be shared. Every day, I help you grow, as knowledge is what I help bestow. What am I?

I hold knowledge both new and old. I'm with you whether you're young or bold. I come in all shapes, small and tall. Without me, you wouldn't learn at all. What am I?

- Raees Riyas (Grade 12)

The Gift of a Teacher

It was a warm, sunlit morning on Teachers' Day, and Ms. Rathiga entered her classroom just as she did every day. The usual noise of children settling down filled the room, but today there was a quiet buzz of excitement in the air. Ms. Rathiga, loved by her students for her warmth and patience, didn't notice anything different at first.

As she took her seat, Priya, one of the shyest students in the class, stood up nervously, clutching something behind her back. "Ms. Rathiga," she began, her voice trembling a little, "we have a surprise for you."

Ms. Rathiga smiled, intrigued. "A surprise? For me?"

The students, giggling with anticipation, shuffled to the front of the room. Priya, now a little braver with her friends by her side, pulled out a large, handmade card. It was bursting with colors, sketches, and the words "Happy Teachers' Day!" written in bold, uneven letters. But what caught Ms. Rathiga's eye wasn't the card itself—it was the dozens of little notes tucked inside.

As she opened the card, a cascade of notes fell out, each written by her students. They were simple, heartfelt messages:

- "Thank you for helping me with math."
- "You always make me feel special."
- "You never give up on me, even when I want to give up on myself."

Ms. Rathiga's eyes welled up as she read through them. Each note was a tiny reflection of the impact she had made, not just as a teacher, but as someone who cared about each of them beyond the lessons in the textbook.

Priya stepped forward once again. "Ms. Rathiga, you're not just a teacher to us. You're someone who believes in us when we don't believe in ourselves."

In that moment, Ms. Rathiga realized the greatest gift she had ever received wasn't the card or the kind words—it was the connection she had made with each of her students. It was a reminder that being a teacher was not just about teaching lessons but about shaping lives.

With a full heart, she smiled at her class and said, "Thank you, all of you. You're the reason I love what I do."

The bell rang, signaling the start of the day's lessons. But for Ms. Rathiga, the best lesson had already been learned: love, patience, and belief in her students were the real gifts she gave and received every day.

-Shamyuktha Saravanan (Grade 12)

GRATITUDE TO OUR TEACHERS

In every class, you light the way,
 With wisdom shared, you help us play.
 You make us think and dream so wide,
 With you, we're always filled with pride.

You show us math and teach us art,
 With every lesson, you share your heart.
 You listen close when we're unsure,
 Your kindness makes our spirits soar.

You cheer us on when we feel small,
 With every challenge, you help us stand tall.
 You turn mistakes into ways to learn,
 In every page, your passion burns.


So here's our thank you, loud and clear,
 To all our teachers, we hold so dear.
 For all the love and care you show,
 We're grateful more than you could know!

- Afra Aysha (Grade 12)



Hartalika Teej

Sep 6



Hartalika Teej is a major Hindu festival celebrated by women. The day celebrates Goddess Parvati and unwavering love and devotion for Lord Shiva. On this day, married and unmarried women keep fast and pray for the well-being and longevity of their husbands or future husbands.

Did You
Know?



Octopus Hearts: Octopuses have three hearts! Two pump blood to the gills, while one pumps it to the rest of the body. Interestingly, the third heart stops beating when they swim, which is why octopuses prefer to crawl rather than swim.



Longest Hiccupping Record: The longest recorded case of hiccups lasted for 68 years! Charles Osborne started hiccupping in 1922 and didn't stop until 1990.

Ganesh Chaturthi

Sep 7

Ganesh Chaturthi, also known as Vinayak Chaturthi or Ganeshotsav is a popular Hindu festival celebrated in India. The day is celebrated as the birth anniversary of Lord Ganesh to prosper wisdom and good fortune. This year, the 10-day-long Hindu festival will be celebrated from September 7 and end will end on September 17.



International Literacy Day

Sep 8

International Literacy Day is observed on 8 September every year to make people aware of the importance of literacy which no doubt is a matter of dignity and human rights.

Let us tell you that it is a key component of the UN's Sustainable Developmental Goals.



EASY WAYS TO APPEAR A MORE POWERFUL PERSON.

BE CALM

TALK LESS

AVOID DRAMA

BE LESS REACTIVE

MAKE EYE CONTACT

LISTEN MORE TO OTHERS

THINK OUTSIDE THE BOX

THINK BEFORE YOU SPEAK

DON'T ALWAYS BE AVAILABLE

SPEAK LESS ABOUT YOURSELF

Grandparents' Day

Sep 8

This year it is observed on September 8. This day is celebrated on the first Sunday of September following the Labour Day. It is also celebrated in various other countries on different dates. As the name suggests, the day celebrates the beautiful bond between grandparents and grandchildren.



Did You

Know?

The official flower of Grandparents Day is the forget me not, symbolizing remembrance.

தாத்தாவின் கடிதம்

என் அன்புள்ள பேரன்,

கண்ணாடி முன் உட்கார்ந்துள்ளேன், காற்றில் இலைகள் ஆடும் நேரத்தில்,
நான் உன்னை நினைக்கிறேன், அது என் இதயத்தை உருக்கிறது.
தூரம் எங்களைப் பிரித்தாலும், காலம் வேகமாக ஓடியாலும்,
உன்னுக்கான என் அன்பு என்றும் நிலைத்திருக்கின்றது.

இந்த முதியோர் இல்லத்தில், நினைவுகளுடன் நான் நிறைந்துள்ளேன்,
நாம் பகிர்ந்த சந்தோசங்களை நினைத்து, என் இதயம் குளிக்கிறது.
உன் நகைச்சுவை, உன் உள்ளம், நீ கூறிய கதை,
எனது மனதை உறுதியாக றயசஅபை; அவை எனக்கு பாசமளிக்கின்றன.

எப்போது எங்கள் நாட்கள் கால் நீளமாக்கும் போதிலும்,
உன்னை நினைத்தால், என் இதயம் ஒரு பாடலுக்கு வருகிறது.
நாம் ஆடும் விளையாட்டுகளை, சூரியன் கீழே,
உன் சிரிப்பு ஒவ்வொரு நாளையும் பிரகாசமாக்கியது.

நான் இங்கு இருக்கிறேன், நீ அங்கே இருக்கிறாய் என்றாலும்,
நான் உன்னை என் உள்ளத்தில் எப்போதும் வைத்துள்ளேன்.
உனக்கு ஒருநாள் தனிமை உணர்ந்தால், வானத்தில் பாருங்கள்,
என்னால் அனுப்பிய மழை ஒவ்வொரு நட்சத்திரத்தோடு நீ வளர்கிறாய்.

வாழ்க்கை எங்களை வெவ்வேறு பாதைகளில் எடுத்து செல்லலாம்,
ஆனால் நீ எப்போதும் எனது இதயத்தில் இருக்கிறாய்.
நீ மகிழ்ச்சி அடைந்தால், புதிய நண்பர்களை உருவாக்குகிறாய் என்றால்,
உன்னைப் பற்றி நான் பெருமை கொள்கிறேன், சொல்ல முடியாத அளவுக்கு.

அதனால், உன் கனவுகளைப் பின்பற்றுங்கள், என் அன்புள்ள பேரன்,
என் கண்ணுக்கு விழும்போது, எங்கள் இதயங்கள் ஒருங்கிணைக்கப்படுகின்றன.
நாம் மீண்டும் கக்கூட்டும் நாளை எதிர்நோக்குகிறேன்,
அந்த நாள்வரை, எனது அன்பு உன்னைச் சுற்றி உள்ளது, என்றும் என்றும்.

என் முழு அன்புடன்,
தாத்தா

- Shivaram – Grade 12

OLD MAN AND HIS GRANDSON

An old man lived alone in a village. He wanted to spade his potato garden, but it was very hard work. His only grandson, who would have helped him, was in prison. The old man wrote a letter to his grandson and mentioned his situation:

Dear Grandson,

I am feeling pretty bad because it looks like I won't be able to plant my potato garden this year. I hate to miss doing the garden because your mother always loved planting time. I'm just getting too old to be digging up a garden plot. If you were here, all my troubles would be over. I know you would dig the plot for me, if you weren't in prison. Love, Grandpa Shortly, the old man received this telegram: 'For Heaven's sake, Grandpa, don't dig up the garden!! That's where I buried the GUNS!!'

At 4 a.m. the next morning, a dozen FBI agents and local police officers showed up and dug up the entire garden without finding any guns.

Confused, the old man wrote another note to his grandson telling him what had happened, and asked him what to do next. His son's reply was: 'Go ahead and plant your potatoes, grandpa. It's the best I could do for you, from here.'

Moral: *No Matter where you are in the World, If you have decided to do something deep from your heart, you can do it. It is the thought that matters, not where you are or where the person is.*



World Suicide Prevention Day

Sep 10

World Suicide Prevention Day (WSPD) is observed on 10 September every year to raise awareness to prevent cases of suicide. This day is organised by the International Association for Suicide Prevention (IASP). And this day is co-sponsored by WHO.

World First Aid Day (WSPD)

Sep 11

It is observed on the second Saturday of September and this year it falls on 11 September. The day raises awareness among the public about how first aid can save lives in case of crises. According to the International Federation, first aid should be accessible to all people and should be an important part of developmental societies.



The Name "First Aid": The term "first aid" was popularized in the late 19th century by the St. John Ambulance Association in the UK, aiming to provide immediate care to those injured before professional medical help arrives.

Did You Know?



Tourniquet Myths: Many people believe tourniquets are only used in extreme situations. However, they can be lifesaving for severe bleeding and should be applied correctly and promptly to prevent blood loss.



Burn Treatments: Applying ice directly to burns can worsen the injury. Instead, cool water should be used to gently rinse the burn for 10-20 minutes.

International Chocolate Day

Sep 13

International Chocolate Day is celebrated on September 13 annually. The day was established by the U.S. National Confectioners Association. It commemorates the birth of Milton S. Hershey. He was an American chocolatier, businessman, and philanthropist.

MYTHS ABOUT CHOCOLATE

Did You

Know?

Myth: Chocolate Causes Acne

Fact: While diet can influence skin health, studies have not definitively linked chocolate consumption to acne. Factors like hormones and skin

Myth: Dark Chocolate is Always Healthy

Fact: While diet can influence skin health, studies have not definitively linked chocolate consumption to acne. Factors like hormones and skin care play a more significant role.

Myth: White Chocolate is Real Chocolate

Fact: White chocolate doesn't contain cocoa solids, which means it lacks the compounds that provide many of chocolate's benefits. It's made from cocoa butter, sugar, and milk.

Myth: Eating Chocolate is Addictive

Fact: While chocolate contains compounds that can trigger pleasure responses in the brain, it does not meet the criteria for addiction in the

Myth: Chocolate is Made from Milk

Fact: While milk chocolate contains milk powder, dark chocolate is made primarily from cocoa solids, cocoa butter, and sugar. It has no milk components.

- Hadassah Joan (Grade 12)

FACTS ABOUT CHOCOLATE



Cocoa is Rich in Antioxidants: Chocolate, especially dark chocolate, is rich in flavonoids, which are antioxidants that can help improve heart health and lower blood pressure.



Chocolate May Boost Mood: Consuming chocolate can stimulate the production of endorphins, the body's natural "feel-good" hormones, which can help improve mood and reduce stress.



Chocolate Can Be a Source of Magnesium: Dark chocolate contains magnesium, an essential mineral that supports muscle function, bone health, and overall well-being.



Chocolate Was Once Used as Currency: The ancient Mayans and Aztecs valued cocoa beans so highly that they used them as a form of currency and for trade.



Cocoa Trees Are Sensitive: Cocoa trees thrive in specific climates and need careful cultivation. They are sensitive to changes in weather and require a humid, tropical environment to grow.

- Harishree (Grade 12)

INTERNATIONAL CHOCOLATE DAY INTERNATIONAL CHOCOLATE DAY INTERNATIONAL CHOCOLATE DAY

HAPPY CHOCOLATE DAY

Proverbs

- 1) Life is like a box of chocolates you never know what you're gonna get.
- 2) "Chocolate is happiness that you can eat."
- 3) "Chocolate is like my best friend and the most intense pleasure at the same time."
- 4) "Chocolate understands love even when words fail."
- 5) "Love is like chocolate, sweet and irresistible."

happy chocolate day.

BY: Samritha

HAPPY CHOCOLATE DAY

YASMINA PRAKASH
GG-A.

HAPPY CHOCOLATE DAY Kalashika Prasad-6A

Dark Fantasy

Dairy Milk

Chocolate Day has been on September 13 since 2000. The day was established by the U.S National Confectioners Association. Many chocolates of the world are so delicious to eat.

All children are now fond of chocolates. Here there are some wishes for chocolate day :-

- Our friendship is like a box of chocolates.
- Anything is good if it's made of chocolate.

I love Chocolate

Chocolate.

I am one of the famous snack.
I come in different shapes.

People like me for my taste.
I am a combo of sweet and bitter taste.
Every bite of me drive away your stress.
A gift is incomplete without me.
Yes, I am everyone's favorite

CHOCOLATE.

Hindi Diwas

Sep 14

Hindi Diwas is celebrated on 14 September as on this day the Constituent Assembly of India adopted Hindi written in Devanagri script in 1949 as the official language of the Republic of India.

Onam

Sep 15

India celebrates Onam which is a colourful and joyful celebration that commemorates the return of the mythical King Mahabali. There are lavish feasts, traditional boat races, and vibrant floral carpets during this ten-day festival. Onam will be observed on September 15 this year.



The Joy of Onam

In the small village of Kerala, the vibrant festival of Onam was just around the corner. Little Anu could hardly contain her excitement. It was her favorite time of year, filled with colorful flowers, delicious food, and the joy of family gatherings.

As the first day of Onam approached, Anu helped her mother decorate their home with intricate flower rangolis called "pookalam." They used bright marigolds, jasmine, and hibiscus to create beautiful patterns on the ground. Anu loved picking the flowers from their garden, each one representing the rich culture of her land.

On the day of Onam, the village came alive. Anu and her family wore new clothes, and the air was filled with the delicious aroma of traditional dishes being prepared in every home. Her mother cooked a grand feast called "Onam Sadhya," which included rice, various curries, and the sweet treat called "payasam." Anu could hardly wait to taste it all!

Later in the day, the villagers gathered in the community center for the grand Onam celebrations. There were games, dance performances, and even a boat race that showcased the spirit of teamwork and camaraderie. Anu joined in the games, her laughter echoing through the air as she played with her friends.

As the sun began to set, Anu sat with her family, enjoying the sumptuous feast spread out on banana leaves. Everyone shared stories and laughter, celebrating their traditions and the legend of King Mahabali, who was believed to visit during Onam.

With a heart full of joy and a belly full of delicious food, Anu realized that Onam wasn't just about the festivities; it was about togetherness, love, and honoring their heritage. As she drifted off to sleep that night, she felt grateful for her family, her village, and the rich traditions that made Onam so special.

- Harshini – Grade 12

Engineer's Day (India)

Sep 15

Engineer's Day is celebrated in India on 15 September every year to mark the tribute to the Indian Engineer Bharat Ratna Mokshagundam Visvesvaraya.

THE UNSUNG HEROES ENGINEERS SHAPING OUR PRESENT AND FUTURE

In our modern world of skyscrapers and technology, engineers are the architects of progress, working behind the scenes to improve our lives and shape our future.

Engineering Achievements

From the Atal Channel in Himachal Pradesh, the world's longest single-tube highway tunnel, to advancements in renewable energy, engineers have consistently risen to monumental challenges. Their innovations in solar and wind energy are crucial for a sustainable future.

Navigating Present Challenges

During the COVID-19 pandemic, engineers designed ventilators and enhanced communication technologies, transforming remote work. In the realm of artificial intelligence, they tackle ethical issues, ensuring technology serves humanity's best interests.

Future Possibilities

The future of engineering promises smarter cities with AI-managed infrastructures and resilient systems to combat climate change. Engineers are also leading space exploration efforts, inspiring new generations to dream big.

Inspiring Tomorrow's Engineers

To celebrate engineers' contributions, we must inspire the next generation through STEM education. By fostering creativity and problem-solving, we can spark interest in future breakthroughs.

In summary, engineers are vital to our present and future, blending creativity with technical expertise to tackle challenges and improve lives. Their legacy lies in the innovations they create and the dreams they inspire.

- Ms. Aishwarya , Primary Teacher

Eid Milad-Un-Nabi

Sep 15 - 16

Eid Milad un-Nabi is an important Islamic festival. Also known as Mawlid al-Nabi, the day commemorates the birth of Prophet Muhammad. Eid Milad un-Nabi on the 12th day of Rabi' al-Awwal in the Islamic lunar calendar reminds the teaching of the Prophet. It motivates people to pray and perform acts of charity.

World Ozone Day

Sep 16

World Ozone Day is observed on 16 September annually. On this day in 1987, the Montreal Protocol was signed. Since 1994, World Ozone Day has been celebrated which was established by the United Nations General Assembly. This day reminds people about the depletion of the Ozone Layer and to find solutions to preserve it.

Did You
Know?



Bananas and Radioactivity: Bananas are naturally radioactive because they contain potassium-40, a radioactive isotope. But don't worry! You'd have to eat 10 million bananas in one sitting to get a lethal dose of radiation.



Penguin Proposals: Some species of penguins, like the Gentoo, "propose" to their mates by presenting them with a pebble. If the female accepts, they'll use the pebble to build their nest.



Longest Traffic Jam: The longest traffic jam in history occurred in China in 2010 and stretched over 60 miles. It lasted for 12 days, with vehicles moving at an average speed of 2 miles per day!

PM Narendra Modi's Birthday

Sep 17

Prime Minister Narendra Modi is celebrating his 73rd birthday on September 17, 2023. He is the leader of the Bharatiya Janata Party (BJP) and the 15th Prime Minister of India. He was born on September 17, 1950, in Gujarat's Vadnagar.

Some interesting and lesser-known facts about Prime Minister Narendra Modi:

Early Life: Narendra Modi was born on September 17, 1950, in Vadnagar, Gujarat. His family ran a tea stall, and he helped out at a young age, which shaped his understanding of grassroots issues.

RSS Background: Before entering politics, Modi was actively involved with the Rashtriya Swayamsevak Sangh (RSS), a Hindu nationalist organization. His work there laid the foundation for his future political career.

Chief Minister's Tenure: Modi served as the Chief Minister of Gujarat from 2001 to 2014. During his tenure, he implemented several economic reforms and initiatives that significantly boosted the state's development.

Bicycling Enthusiast: Modi is known for his love of cycling. He has been seen riding a bicycle on multiple occasions, especially during campaigns promoting fitness and a healthy lifestyle.

First PM Born After Independence: Narendra Modi is the first Prime Minister of India who was born after the country gained independence in 1947.

International Diplomacy: Modi has made significant efforts to enhance India's global presence. His first foreign visit as Prime Minister was to Bhutan, emphasizing India's focus on its neighbors.

Technology Advocate: Modi is a proponent of using technology for governance. He launched various digital initiatives, including the Digital India campaign, aimed at improving digital infrastructure and connectivity.

Yoga Enthusiast: An advocate of yoga, Modi played a key role in the United Nations declaring June 21 as International Yoga Day. He often emphasizes the importance of yoga for physical and mental well-being.

Personal Interests: Modi has a passion for photography and gardening. He often shares his photography on social media, showcasing his love for nature.

Literary Contributions: Modi is also a writer. He has authored several books and articles on various subjects, including governance, spirituality, and culture.

Social Media Presence: Modi has a significant presence on social media, being one of the most followed politicians globally. He uses these platforms to connect with citizens and share government initiatives.

Cultural Engagement: He actively promotes Indian culture and heritage, often participating in traditional events and encouraging tourism to historic sites.

- Gowdham- Grade 12

International Day of Peace (UN)

Sep 21

International Day of Peace (UN) is observed on 21 September around the world. For the first time it was observed in September 1982 and in 2001, the General Assembly adopted a resolution 55/282, which established 21 September as International Day of Peace of non-violence and cease-fire.

Whispers of Peace

In the hush of morning, where the soft winds play,
Peace drapes the world in a gentle sway.
With every sunrise, colors intertwine,
A canvas of hope, where hearts align.

Like a river flowing, calm and free,
Peace finds its way, like the roots of a tree.
In laughter of children, in kindness shared,
In moments of silence, when love is declared.

Let's plant seeds of compassion, watch them grow,
In gardens of understanding, let kindness flow.
For peace is a melody, sweet and rare,
A song that unites us, beyond compare.

So hand in hand, let's walk this path,
Embracing our differences, sharing our laugh.
With hearts wide open, let's rise above,
Together we'll build a world filled with love.

- Achintya - Grade 12

Rose Day (Welfare of Cancer patients)

Sep 22

Rose Day is observed on 22 September for the welfare of cancer patients or we can say that this day marks the hope for cancer patients that cancer is curable. This day is celebrated in memory of 12-year-old Melinda Rose of Canada, who when diagnosed with a rare form of blood cancer did not give up hope.

Did You

Know?

The rose is a symbol of love, hope, and compassion, making it an ideal representation for the fight against cancer and a message of support for patients.

Lesser-known, inspiring stories related to Rose Day and the welfare of cancer patients:

THE POWER OF A SINGLE ROSE: In a small town, a local florist decided to donate roses to the oncology ward of the nearby hospital on Rose Day. One of the patients, a young woman named Emma, received a rose with a note that read, "You are loved, you are strong." This simple gesture uplifted her spirits. Inspired by the kindness, Emma later organized a community event where she and other survivors shared their stories, creating a support network that continues to thrive.

ART OF HEALING: On Rose Day, a cancer support group in a city organized a "Paint with Roses" event, where participants painted using rose petals and colors inspired by roses. This creative outlet allowed patients to express their feelings about their journey. One participant, Sarah, painted a vibrant piece that represented her battle with cancer. Her artwork was later displayed at a local gallery, raising awareness about cancer and inspiring others.

LETTERS OF HOPE: In one hospital, nurses initiated a project where they invited patients to write letters to future cancer patients. On Rose Day, these letters were paired with roses and distributed to new patients entering treatment. The letters contained words of encouragement, personal stories, and advice. Many patients found comfort in knowing they were not alone, and the project fostered a sense of community within the hospital.

World Rivers Day

Sep 22

Fourth Sunday

World Rivers Day is celebrated on the last Sunday of September. In 2024, it falls on 22 September. The day highlights the importance of rivers and generates awareness and encourages people to improve and save water, rivers around the world. It is necessary to care for our water resources.

International Day of Sign

Sep 23

On 23rd September, the UN General Assembly proclaimed the day as International Day of Sign Languages. The day provides a unique opportunity to support and protect the linguistic identity and cultural diversity of all deaf people and other sign language users.

THE DEAF COMMUNITY'S RESPONSE TO COVID-19

During the COVID-19 pandemic, the Deaf community faced unique challenges, especially with the widespread use of masks, which obscured lip movements and facial expressions essential for communication. Many deaf individuals reported feeling isolated and frustrated. In response, sign language interpreters and advocates pushed for the use of clear masks that allow for visibility of lips and facial cues. This initiative highlighted the importance of accessibility and communication during a crisis and brought attention to the needs of the Deaf community.



THE FIRST DEAF MISS AMERICA

In 1995, Heather Whitestone made history by becoming the first deaf Miss America. Born with a hearing impairment, she faced numerous challenges growing up. However, she learned sign language and developed strong communication skills, which helped her connect with others. During her reign, she used her platform to raise awareness about deafness and the importance of inclusion. Heather's story inspired countless individuals and demonstrated the power of perseverance and self-advocacy.



- Rayhan Ahamed Ashraff – Grade 12

CORNER OF COMMUNICATION

Ms.Narmada – PGT Economics

Mastering the Art of Pausing and Speaking Clearly

Being a good communicator is about more than just talking. It's also about knowing when to pause and how to speak clearly. Whether you're addressing a small group or presenting to a packed auditorium, mastering the art of pausing can transform your communication from ordinary to outstanding.

Here's why these skills are important and how you can use them to improve your communication.

The Power of Pausing

1. Highlighting Important Points

Pausing after an important point helps your audience remember what you said. It gives them a moment to think about your words.

2. Managing Your Speed

Pausing helps you avoid speaking too quickly. This makes it easier for your listeners to keep up with you.

3. Reducing "Um" and "Uh"

When you pause instead of filling silence with "um" or "uh," you sound more confident and clear. Pausing gives you a moment to think about what you want to say next.

4. Helping Understanding

A pause gives your listeners a chance to absorb what you've said. This makes your message clearer and easier to understand.

Tips for Speaking Clearly

1. Slow Down

Speaking slowly helps your audience understand you better. It also makes you sound more confident.

2. Articulate Your Words

Pronounce each word clearly. This helps avoid misunderstandings.

3. Use Simple Language

Avoid complicated words. Simple language makes your message clearer and more relatable.

4. Practice

The more you practice, the better you will become at pausing and speaking clearly. Try reading aloud or practicing with a friend.

5. Body Language

Support your speech with appropriate gestures and facial expressions to reinforce your message.

Mastering the art of pausing and speaking clearly can elevate your communication skills to new heights. Whether you're giving a presentation, leading a meeting, or engaging in casual conversation, these techniques will help you convey your message effectively and leave a lasting impression on your audience. So, next time you speak, remember: pause, speak clearly, and watch your words resonate powerfully

Benefits of Pausing and Speaking Clearly

- 1. Improved Audience Engagement
- 2. Better Retention of Information
- 3. Enhanced Credibility
- 4. Reduced Miscommunication
- 5. Increased Confidence

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3. MacLennan, J. (1994). "Speech Communication: The Development of a Discipline."
4. Schramm, W. (1954). "How Communication Works."

World Pharmacists Day Sep 25

It is observed on 25th September annually. In 2009, the International Pharmaceutical Federation (FIP) Congress in Istanbul, Turkey designated 25th September as the annual World Pharmacists Day (WPD).

World Environmental Health Day Sep 26

The day has been declared by the International Federation of Environmental Health.

World Tourism Day Sep 27

A TRIP TO REMEMBER

In the heart of Bangalore, we laughed and we roamed,
With friends by my side, I felt so at home.
The bustling streets and the gardens so green,
Each moment together, a treasured scene.

Then off to Coorg, where the hills kissed the sky,
Coffee plantations and waterfalls, oh my!
We trekked through the trails, our spirits so free,
Creating memories that forever will be.

As the board exams approach, just three months to go,
I cherish these days, the laughter, the glow.
For soon we'll part ways, and life will take flight,
But these memories we made will shine ever bright.

So here's to our journey, to friendships so true,
I'll carry these moments, they'll always be with me too.
In the halls of our school, where we've shared so much cheer,
I'll hold on to this chapter, as the end draws near.

- Elwin Chris Paul. – Grade 12

Google Birth Anniversary

Sep 27

Google is celebrating its 25th birth anniversary with a doodle. The search giant started as a Stanford University research project before being established by Larry Page and Sergey Brin in 1998. Google was designed to manage the enormous amount of online information.

The original name for Google was "Backrub," named for its ability to analyze the web's "backlinks" to determine a site's importance.

The name "Google" is a play on the mathematical term "googol," which refers to the number 1 followed by 100 zeros, reflecting the company's mission to organize vast amounts of information.

Google often celebrates holidays and events with creative "Google Doodles." The first Doodle was designed in 1998 to indicate the founders were at the Burning Man Festival.

Google's parent company, Alphabet, launched Waymo, a project focused on developing self-driving car technology.



Shades of my Imagination



– Art by Elwin Chris Paul

World Rabies Day

Sep 27

World Rabies Day is observed on 28 September every year to make people aware of the prevention regarding rabies and to highlight the progress in defeating this horrifying disease.

FIRST AID STEPS FOR RABIES EXPOSURE

If you suspect that you or someone else has been exposed to rabies, it's crucial to seek medical help immediately. Rabies is a serious viral infection, and timely treatment is essential. Here are the first aid steps to follow after a potential exposure:

1. Immediate Washing

Wash the Wound: Immediately clean the bite or scratch with soap and water for at least 15 minutes. This helps remove the virus from the wound.

Rinse: Rinse the area thoroughly with running water.

2. Disinfect: After washing, apply an antiseptic (like iodine or alcohol) to the wound to further reduce the risk of infection.

3. Seek Medical Attention:

Contact a Healthcare Provider: Go to a doctor or emergency room as soon as possible, ideally within 24 hours of the exposure.

Report the Incident: Inform healthcare professionals about the type of exposure (e.g., animal bite, scratch) and details about the animal (type, vaccination status, behavior).

4. Post-Exposure Prophylaxis (PEP):

If the exposure is considered high-risk, the healthcare provider will likely recommend rabies post-exposure prophylaxis, which typically includes:

Rabies Vaccination: A series of rabies vaccinations over several weeks

Rabies Immune Globulin (RIG): Given in certain cases for immediate protection.

5. Monitor for Symptoms:

Keep an eye on the wound for signs of infection (redness, swelling, pus) and report any unusual symptoms (fever, headache, anxiety, confusion) to a healthcare professional

Important Notes:

Do Not Delay Treatment: Rabies is almost always fatal once symptoms appear, so quick action is crucial.

Animal Control: If a domestic animal is involved, try to gather information about its vaccination status and contact animal control if necessary.

Prevention:

Vaccination for Pets: Ensure pets are vaccinated against rabies.

Avoid Wild Animals: Steer clear of wild animals, and do not approach or handle them.

Always remember that rabies is a preventable disease if treated promptly after exposure.

World Heart Day

Sep 29

World Heart Day is observed annually on 29 September. This day informs people about heart disease and stroke which is the world's leading cause of death.

A female's average heartbeat is faster than a male's by almost eight beats a minute. The reason? Because their hearts are usually smaller in size, females need their hearts to beat more to pump the same amount of blood.

A typical heart pumps approximately 4 tablespoons of blood with each beat.

Heart disease is the greatest single threat to your health and the leading cause of death globally. The good news? You can help manage your heart health through dietary choices, regular exercise and stress management.

Runners have a 45% lower risk of heart disease or stroke.

A joke a day may help keep the heart doctor away, as laughing can improve heart health by lowering stress and relaxing blood vessels. Happiness can lower your risk of heart disease, too.



International Translation Day

Sep 30

International Translation Day is observed on 30 September every year. This day provides an opportunity to pay tribute to the work of language professionals. It also plays an important role in bringing nations together and strengthening world peace and security.



- | | |
|----------------|--------------|
| 1. stamp | 6. Short |
| 2. Address | 7. Outside |
| 3. Mississippi | 8. Cat |
| 4. Cupcake | 9. Library |
| 5. Horse | 10. Envelope |

Funny Riddles

1. What can travel around the world while staying in a corner?
2. What type of dress can never be worn?
3. What has 4 eyes but can't see?
4. What kind of cup doesn't hold water?
5. What always goes to bed with its shoes on?
6. What word becomes shorter when you add two letters to it?
7. Which side of a cat has the most fur?
8. I have eight to spare and am covered with hair.
9. What building has the most stories?
10. What starts with an "e" but only has a single letter in it?

**HIGHLIGHTS OF THE SEPTEMBETR MONTH
AT RATHINAM INTERNATIONAL PUBLIC
SCHOOL**















